

No More Chasin' Tails Spay/Neuter Clinic Surgical Discharge Instructions

1. No running, jumping, playing, bathing or swimming for 10-14 days. Please keep your pet calm and quiet.

DOGS-Leash walk only when going outside.

CATS-Keep indoors and restrict your cat to a small room to prevent running and jumping if needed.

Your pet was in heat when spayed today. Please keep her away from intact males for 14 days.

Do not allow a female to mate after surgery; it can be life threatening to the pet. You may notice some bloody vaginal discharge for a few days; this is caused by their hormone levels and is normal.

2. Check your pet's incision site 2 times daily. Monitor incision site(s) for swelling, redness or any type of discharge. Some bruising and redness is normal after surgery. All the sutures are internal and absorbable, so they will dissolve on their own over the next few months. Unless indicated there are no sutures/staples to be removed.

DO NOT clean the incision site with hydrogen peroxide or apply creams or ointments to the incision – it can damage the surgical site. Surgical glue is applied externally and may look crusty around the incision.

Female dogs/cats may have a slight bulge at the incision-this is normal, as long as it is not accompanied by pain, redness or discharge. The bulge is a slight internal suture reaction. As the sutures dissolve over time the bulge will go down.

Male cats have 2 small incisions, one on each side of the scrotum. Male cats may appear as if they still have testicles. This is normal; the swelling should subside gradually through the recovery period. Male cats do not have any sutures.

Male dogs. For the first 24 hours apply a cold compress wrapped in a towel to the scrotal area twice daily to help with any swelling.

Larger/Older male dogs After the first 24 hours warm compress the scrotum twice daily for 7 days. ***Excessive activity may cause the scrotum to bruise and swell. Please keep activity level to a minimum for 14 days.***

3. Appetite should return gradually within 24 hours after surgery. Lethargy (depression) lasting more than 24 hours after surgery, diarrhea or vomiting are not normal and you should take your pet to your regular veterinarian.

4. Do not change your pet's diet at this time. Feed your pet half of their regular diet tonight. If no vomiting occurs after an hour you may feed the other half of their regular diet at that time. Do not give junk food, table scraps, milk or any other people food during the recovery period. This could mask post-surgical complications.

5. PREVENT your pet from licking at the incision site. We recommend an E-Collar (cone) after surgery to keep your pet from licking. Keep the E-Collar on at all times unless you are able to monitor your pet for licking.

6. If your pet received a vaccine at our clinic other than rabies: Please discuss whether your pet needs a "booster" vaccine with your full service veterinarian.

7. Post-operative pain medication. All pets receive pain medication. DO NOT give your pets any over-the-counter pain medicine such as ibuprofen, Tylenol or aspirin. They may be toxic to your pet and interfere with blood clotting.

8. Your pet received a green tattoo next to their incision to indicate sterilization. IT IS NOT AN EXTRA INCISION.

9. Other instructions: _____

If there are questions or concerns directly related to the surgery during the recovery period, please call this office at (757) 255-8804 and arrange a complimentary re-check. If there is an emergency after hours, contact your veterinarian or an emergency clinic directly.

Animal Emergency Center
2025 George Washington Memorial Highway
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Peninsula Emergency Veterinary Clinic
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